

Meet Diane Washington

Hello, my name is Diane Washington. I am an educator, a five-time All-American in track and a 1995 Olympic qualifier in the 400m hurdles who has spent the past 23 years helping high school student-athletes succeed in the classroom, the field of play and in life. Through coaching, I have transformed and empowered the lives of hundreds of student-athletes in California and Nevada and across multiple sports, including track and field, cross country and basketball.

Coaching Achievements

- Nevada: Coached the 1999 state champion in Las Vegas at Mojave High School
- Nevada: Coached four individual state champions in the 300-yard hurdlers and 400m
- Nevada Interscholastic Federation coach of the year nominee: 2002, 2006, 2018
- Assistant on Burbank High School Lady Bulldogs 'first CIF state-qualifying team
- Several former athletes have competed at the collegiate and professional levels

Coaching Affiliations

- Certified: American Sport Education Program Coaching Principles and Sports First Aid
- Member of the National Federation Coaches Association

I have competed on the highest level of track and field. I am also a lifelong educator with multiple degrees. So I know what it takes to succeed athletically and how to prepare student-athletes for post-graduate success. As such, I am committed to my clients 'holistic development guiding their maturation as people, equipping them with valuable life skills, and as athletes.

Athletic Achievements

- 1985-87: Kansas City Kansas League champion in 100- and 300-yard hurdles
- 1987 Member of the State Champion 4 x 100, 4 x 200 and 4 x 400 meter relay KSHA
- 1988: Jayhawk Conference (Kansas) athlete of the year in track and field
- 1988-90: All-conference in track and field (Jayhawk Conference)
- 1989: Set the 100 & 400 hurdles record for Kansas City Community College
- Current record holder in 100 hurdles Kansas City Community College
- 1991: All-conference in the 100-yard dash, 200m and 400-yard hurdles
- 1991: Ranked 15th among California collegians in the 400-yard hurdles
- Five-time All-American in 60-yard hurdles and 300-yard dash

The best coaches, I believe, are dedicated, organized and in tune with their athletes. They are as good at teaching young people as they are at learning from them. Because I value education holding a bachelor's degree in physical education and master's degrees in education administration and special education – my student-athletes also value education. The quote below, from one of track and field's all-time greats, embodies how I approaching empowering student-athletes:

“Never underestimate the power of dreams and the influence of the human spirit. The potential of greatness lives within each of us.” – Wilma Rudolph